

CALL THE DOULAS

Call the Doulas Care

Initial consultation

Share your birth-related hopes, concerns, and dreams with us. This is a great opportunity to find out how we can serve you as you prepare for and welcome your baby!

Unlimited Consultations

Come hang out with us! Help us get to know you and get to know us a little better! Review your birth preferences, pepper us with your questions, hear birth stories, learn about resources – let's talk birth!

Unlimited Prenatal Workshops

Join us as we discuss the finer details of birth

planning and fill your labor toolbox with comfort measures. These workshop evenings are full of fun, interactive activities and lots of horizontal learning in an upbeat group setting.

Continuous support – in person, by phone, email and text.

From the moment you retain our doula services, we are honored to walk beside and support you on this journey.

Materials and resources

Access your personalized portal to review a collection of articles, links to podcasts and videos, and tips related to pregnancy, labor, birth, and postpartum.

Labor, birth, and immediate postpartum support

Receive experienced, caring support throughout your labor, birth of your precious baby, and the immediate aftermath of your delivery until you are ready for quiet time as a new family.

Pictures and videos of labor, birth, and immediate postpartum (upon request)

We are happy to take photos and videos of you as we support you through labor, birth, and meeting your baby for the first time.

Continued postpartum doula support

We remain your doula throughout your postpartum time – checking in on you and baby, available to discuss your labor and baby's birth, and providing any referrals you might need.

Contract Fee: \$1800

Request a copy of our contract at [Hello@CallTheDoulas.com](mailto>Hello@CallTheDoulas.com).

We offer a discount to active and active reserve military families.